



Meals that Heal

At Hospitality House of Charlotte, the Meals that Heal program alleviates the logistical and financial burdens faced by those navigating medical crises. Thanks to the unwavering support of the community, Hospitality House is able to provide daily meals to every guest in need. Recognizing that after a taxing day at the hospital, the last thing guests need to worry about is a meal, HHOC initiated Meals that Heal to ease this burden and offer nourishment during challenging times.

Onsite Opportunity

Join us at the House to prepare a meal for guests! Volunteers are invited to choose a two-hour time slot to visit the House and prepare 25-30 individually packaged and portioned meals for our guests. Volunteers are responsible for determining what meal they would like to make and providing all of the ingredients needed.



Offsite Opportunity

Provide a meal from the comfort of your own kitchen! Volunteers are responsible for determining what meal they would like to prepare. At drop-off, all 25-30 portions should be individually packaged and labeled. Labels should clearly note what the meal consists of and the date of preparation.

Get Involved Today!

The Meals that Heal program enables individuals to contribute meaningfully, whether at home or at Hospitality House. By providing a meal for those in need, individuals can make a significant impact on the guests at HHOC. This initiative offers a wonderful chance for one person to make a difference in the lives of many. Whether you intend to volunteer with colleagues, family, friends, or by yourself, HHOC recognizes the importance of volunteering. Volunteering brings community members together, fostering fulfillment, team building, networking opportunities, and much more.

The Meals that Heal schedule varies depending on availability. For the latest openings, check the HHOC website. If you need assistance signing up, contact volunteer@hhocharlotte.org.

"A serious illness is so expensive that anything that can reduce the financial impact is desperately needed and appreciated. Patients and their families are so grateful to the donors that make Hospitality House possible. They not only give financial support, but they were also in and out of Hospitality House bringing meals and snacks."